

# Cornerstone

Serving Southern Ohio, Northern Kentucky  
& Southeastern Indiana

alzheimer's  association  
Greater Cincinnati Chapter

VOLUME 33 NO. 1 | Spring 2018

## Chapter Honors Volunteers for Outstanding Service

The Alzheimer's Association of Greater Cincinnati honored the many contributions of its volunteer network during the annual Chapter Appreciation Brunch at JACK Cincinnati Casino on January 18.



From left, award winners Christian Gausvik, J.C. Robinson, Executive Director Paula Kollstedt and Diana Barhorst

In addition to recognizing the work of volunteers, committee members and top fundraisers for the Walk to End Alzheimer's, the Chapter presented special awards to the following volunteers recognizing their exceptional service to the Greater Cincinnati Chapter:

- J.C. Robinson received the Elizabeth Bolles Outstanding Service Award for her "hands-on" work as a front desk volunteer and chapter spokesperson.
- Christian Gausvik received the John Horn "Roll Up Your Sleeves" Memorial Award for his work in support of the Art of Making Memories spring benefit as well as the creation of the popular "Mimosas for Memories" fundraiser.
- Diana Barhorst was presented the Chapter's highest honor, the President's Award. In addition to serving on the Chapter's board of directors, Barhorst has been an avid supporter of the Walk to End Alzheimer's and The Longest Day. She also serves as an Alzheimer's congressional ambassador for Rep. Steve Chabot.

"We simply could not succeed as a chapter without the invaluable work of our volunteers. Their commitment and support is inspiring to us all," said Executive Director Paula Kollstedt.

In 2017, 625 volunteers contributed nearly 5,400 hours of service to the Greater Cincinnati Chapter.



JACK Cincinnati Casino / Thursday, May 3 / 6 - 9:30 p.m.

## Goen and Herzog Return for Art of Making Memories

Celebrating its 10th anniversary, the popular Art of Making Memories spring benefit returns to JACK Cincinnati Casino on Thursday, May 3.

The event will again feature framed artwork painted by individuals in the early to mid-stages of Alzheimer's disease who participate in the Alzheimer's Association's nationally recognized Memories in the Making® art program.



Bob Goen

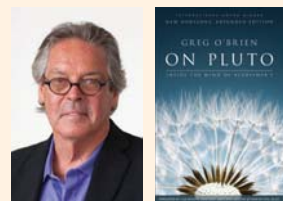


Bob Herzog

Continued on page 11

## Special Guest Speaker - Author O'Brien

Greg O'Brien, award-winning journalist and author of *On Pluto: Inside the Mind of Alzheimer's*, will share his personal experience as a person diagnosed with younger-onset Alzheimer's disease as featured speaker at the Art of Making Memories.



"We're thrilled to have such a gifted and renowned writer as Greg share his compelling story with our event guests," said Executive Director Paula Kollstedt.

As part of the ticket purchase, event guests will receive a free copy of the latest edition of *On Pluto*.

alzheimer's  association

Greater Cincinnati Chapter  
644 Linn Street, Suite 1026  
Cincinnati, OH 45203  
(513) 721-4284  
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# A Word About Us

**alzheimer's association**  
Greater Cincinnati Chapter

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Cornerstone is the official newsletter of the Alzheimer's Association of Greater Cincinnati. Comments or questions should be directed to Steve Olding at (800) 272-3900 or solding@alz.org.

# 'We Know What the Monster Looks Like...'



**By Paula Kollstedt**  
*Executive Director*

**V**olunteer – it's one of the most powerful words in the English language. It's a verb, "I volunteer at the Walk to End Alzheimer's." It's a noun, "I'm the volunteer committee chair for The Longest Day." It's an adjective, "I'm a volunteer leader on the Alzheimer's Association's Board of Directors." But no matter how you use it, the word volunteer is *always* one thing – life changing.

A few weeks ago, I was privileged to be with more than 100

people from across the state at our Ohio Volunteer Summit, focusing on the Walk to End Alzheimer's. The day-long event was energizing, creative, visionary – filled with fun, ideas, and most of all, stories.

One of the most riveting was told by Herb Magley, a volunteer who lost his wife to young-onset Alzheimer's.

"We know what the monster looks like," Herb said.

"The monster that is Alzheimer's took away my best friend. I watched as the person I respected most was fading away before my eyes.

"But the staff at the association knew what to say when others turned their backs on me," he continued. "You gave me a way to fight back, a way to hunt down this serial killer and bring it to justice." Herb's story mirrors many of our own – volunteers and staff alike. Most of us have lost someone incredible – much too soon – in a devastating way to this disease that is like no other. Many of us care for heroic warriors who battle dementia every day – and we can't sit on the sidelines. This is an epidemic that we must be a part of ending. Because we know that if we don't, who will?

The good news is we have a strategy to end the devastation. A strategic implementation plan is being carried out across the country, focused on care and research, raising awareness and funds to make it happen, and working with our legislators to find a prevention or cure by 2025.

But to do that, we have to up our game. As hard as we've worked, we must work even harder – and that includes more fully engaging our communities.



*Volunteers and staff at the Alzheimer's Association Leadership Summit.*

At the Alzheimer's Association's leadership conference in January, we celebrated all that the association and you – our partners and volunteers – have accomplished together. For our chapter, those accomplishments included winning a national award for outreach to physicians, involvement in public policy, and our Cincinnati Tri-State Walk to End Alzheimer's being named the 10th largest of more than 600 Walks across the U.S.

We also talked about how we must 10x those accomplishments in order to finally end this disease, while caring for those battling it.

So here's the plan — stay laser focused on the end game and exponentially increase our engagement

with volunteers and community partners to serve more people who need us. Together we'll grow our reach, our impact, our skills, our talents. To do that we will provide opportunities for our volunteers and partners to impact this great cause more than ever before, while we provide the infrastructure and training to ensure they succeed.

At the same time we'll drive efforts in research – helping our communities

understand what's happening in research, raising increased research dollars to support the best and brightest researchers in the field, and, for the first time, carry out our own research to change the trajectory of this disease.

We will simultaneously continue to increase visibility of dementia and the Alzheimer's Association to define the urgency of our mission, and we'll work with our state and federal legislators to ensure that happens. After all, the danger isn't setting goals so high that you don't meet them, but rather setting them so low that you do.

In short – with your help – we're going to turn pain into determination. We're going to accelerate, mobilize, drive, lead, innovate – and do it all in a way that will not only show others what this monster looks like, but will provide a way for them to help us slay it.

In the words of one of the many amazing volunteers we work alongside every day, "I can't make him better. I can't bring back his memories. I can't ensure he interacts with our children the way he once did...but I can stand with him in this disease, and work with the Alzheimer's Association to do all that I can to end it."

With sincerest thanks for your leadership, drive and inspiration,

*Paula*

## Our Mission

**To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health.**

*Various programs and services are funded in part by the Ohio Department of Aging through the Council on Aging of Southwestern Ohio and the Area Agency on Aging District 7.*





## Programs and Services Schedule Heats Up for Spring



**By Linda S. Turpin**  
Director of Clinical  
Programs & Services

With warmer weather coming, I'd like to encourage everyone to take advantage of our FREE programs and services.

We have what I refer to as a *"golden"* program — because it is so worthwhile and it's a *"two for one,"* entitled, "Memories in the Making (MIM) and Time for Caregivers (TFC)." This program consists of a unique art program that offers persons living with dementia the opportunity to express themselves through the visual arts, while their care partner/spouse/friend participates in an interactive support and education group. MIM/TFC enables the person living with dementia to have social engagement, while the care partner obtains respite/education/care and support all at the same time. These programs are offered in three different locations around the Tri-state, on Mondays or Thursdays. While the programs are free, we ask that you register by calling our (800) 272-3900 so we have enough supplies available.

### Program sites include:

- **Journey to Hope**, 703 Compton Rd., Cincinnati, 10:30 a.m. - Noon, every Monday
- **Evendale Cultural Arts Center**, 10500 Reading Rd, Cincinnati, 10:30 a.m. - Noon, every Thursday
- **Hellmann Creative Center**, 321 West MLK/12th Street, Covington, Ky., 10:30 a.m. - Noon, every Thursday

### Other upcoming Social Engagement opportunities:

- 4/19 - **Writing our Lives as Caregivers**, 1 – 3 p.m. All Saints Episcopal Church, 610 Fourth St., Portsmouth, Ohio
- 4/25 - **Zoo Encounters**, Cincinnati Zoo, 10 a.m.

Also, check out the upcoming calendar for our very popular Memories in the Museum program on page 4. You can also visit: [alz.org/cincinnati](http://alz.org/cincinnati).

Lastly, I am excited to tell you about a collaborative initiative that we're working on involving Aetna Health Insurance (Aetna Better Health Ohio), Home Care by Black Stone and the Alzheimer's Association. In this partnership, we will be coordinating CARES training for Black Stone employees in Cincinnati, Columbus and Toledo. This education will expand the employees' knowledge in the care and support of people living with dementia and their care partners. In the next edition of *Cornerstone*, I'll update you on the outcomes of this training...so stay tuned.

Don't forget to register through the 800 number to attend our "golden" program or any other social engagement offering. All of our programs come free of charge. Just call (800) 272-3900 24/7 to register. Happy Spring!

### Save the Date

**2018 Symposium • Friday, Nov. 2**  
**A Day for Caregivers • Saturday, Nov. 3**

*Education events for healthcare professionals and family caregivers.*

**Sharonville Convention Center**  
**11355 Chester Road**  
**Cincinnati, OH 45246**

Watch for further details at  
[alz.org/cincinnati](http://alz.org/cincinnati).



## 'In Their Own Words....' Facing Alzheimer's With Many Good Memories

**E**ditor's note: As the saying goes, if you have seen one case of Alzheimer's disease, you have seen one case of Alzheimer's disease. For those affected by the disease, their caregivers, family and friends, the challenges, emotions and experiences that accompany the disease are unique to each individual. Although they are linked by a common bond, these individuals travel different paths in confronting dementia. Paul Loechle shares his Alzheimer's experience...in his own words.

"Are you ready to go to dinner, Paul?" came the call from the kitchen.

"Dinner," I said to Sue, "When did we decide to go out to dinner?"

"Last evening, and I reminded you again this morning," she answered.

"Oh, yeah!" I replied from my 'box seat' view on the couch in our family room. "Can we wait till the end of this inning? The Reds have runners on second and third."

This exchange with my wife, or ones similar to it, had been occurring with increasing frequency over the last year. These seemingly normal lapses of memory became a concern to Sue and prompted her to suggest that we make an appointment with our family doctor. I initially dismissed that suggestion, arguing that such behavior was normal and could be expected from someone who was 76 years old. Eventually, I succumbed (or should I say 'got smart'), and we did make that appointment. My family physician suggested that we see a neurologist.

Our first visit with the neurologist included a meeting with the doctor and social worker, followed by a series of comprehensive cognitive testing. I was also scheduled for an EEG, MRI, and Lumbar Puncture (which was not as scary or painful as it sounds).



**By Paul Loechle**

After many anxious days, we went back to discuss the results. I asked bluntly, "Do I have Alzheimer's?" Without hesitation she said, "Yes, you have Alzheimer's." I cannot say Sue and I were surprised, but it was clearly a jolt. The only good news was that the disease was in its very early stages.

Since that day, Sue and I have had many talks about where we go from here — some with tears, some without. We know that there is currently no cure. I expressed to Sue that I probably will reach a time when I will forget her name or maybe even say unkind things I don't mean. My greatest fear is that she will remember me that way. I have come to know that that will never happen. I think I didn't give her

enough credit for the strong and loving person she is.

I have also come to realize that education is important in helping to reduce fear. Talking about Alzheimer's helps. The group sessions that Sue and I have been a part of since starting this journey have been significant and rewarding. The Alzheimer's staff of professionals have provided us with a warm and welcoming atmosphere, not only for learning more about this disease but to gather with others who share our concerns.

There have been some hard times, and undoubtedly, more are ahead — periods of depression for sure. They are not frequent and usually occur for me at night as I lie in bed awake with my thoughts, wondering what the future holds. Our situation also makes me pause to consider how lucky we have been during our 45 years of marriage, with a loving daughter and son who have given us more joy than we deserve, supportive family always there for us, and many friends at our side. Our faith too has always been an important part of our lives and continues to be a source of strength.

You know, Sue, we're going to be all right.



## The Future of Physicians: Community Collaborations



**By Elise Sebastian**  
Director of Clinical Outreach

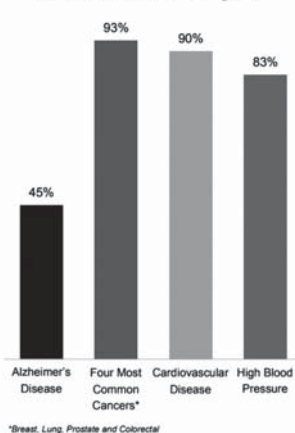
**A**lzheimer's is the most expensive disease in America. Yet those who have the diagnosis or their caregiver are only informed of it 45% of the time.

Our Chapter is focused on eliminating this breach. We know that without an early diagnosis quality of life can be significantly impacted. With a dignified diagnosis our families can have an individualized care plan addressing the medical and psychosocial needs which will reduce the burden of co-morbid conditions. Understanding

a diagnosis can open the door to receiving referrals that can assist with behaviors, legal, financial and other planning for future needs. Without this crucial information, families struggle to develop strategies to live well with dementia for as long as possible.

Each one of us has a responsibility to change this narrative. With this in mind, our Chapter forms partnerships with all of the local health systems. This year we are fortunate to be collaborating through an innovate program designed to support young physicians. We are working with the Urban Health Project or UHP. UHP is a program opportunity for first-year medical students at the UC College of Medicine. UHP educates, inspires, and challenges medical students

Percentage of Seniors Diagnosed with Specified Condition or Their Caregivers Who Are Aware of the Diagnosis



through their service to marginalized populations in Greater Cincinnati to produce more socially responsible physicians who have a greater understanding of factors that impact health. Medical students who have completed their first year of medical school at the University of Cincinnati apply to a summer internship. These selected physicians-in-training are each matched with an existing service-focused community organization in the Greater Cincinnati area. Their responsibilities range from assisting with direct care to supporting the social aspects of health services.

The opportunity to partner with medical students is one of the first steps to initiate change inside the massive system of health care. We are always looking to garner partnerships with local leaders and health systems. If you, or someone you know, is a healthcare provider who wants to change the trajectory of this disease contact me at [esebastian@alz.org](mailto:esebastian@alz.org).



The Greater Cincinnati Chapter was recognized as the best in the nation for its Physician Outreach efforts at the Alzheimer's Association's Annual Leadership Summit. Elise holds the award surrounded by members of the Chapter's program team.

## Caregiver Forum Focuses on African-Americans

**A**s part of its effort to support and educate caregivers in a special way during Alzheimer's and Brain Awareness Month in June, the Alzheimer's Association of Greater Cincinnati will conduct its annual African-American Caregiver Forum at Maple Knoll Community on Saturday, June 30.

The morning-long program, which begins with registration and breakfast at 8 a.m., will feature expert speakers and panel discussions on caregiving and health issues, focusing on African-Americans. The event will also include exhibitors representing a variety of community health and aging organizations.

"African-Americans face higher prevalence rates for heart disease, diabetes as well as dementia," said Multicultural and Community Outreach Coordinator Jill Gorley. "This program will help caregivers by providing helpful information and access to important resources."

The Forum is free but registration is required.

Maple Knoll Communities is located at 11100 Springfield Pike, Cincinnati, OH 45246. The Forum will be held in the auditorium.

For details, or to register for the Forum, contact Jill Gorley at (800) 272-3900 or [jgorley@alz.org](mailto:jgorley@alz.org).



## Memories in Museum

**D**esigned specifically for individuals with memory loss, the Memories in the Museum program is a collaborative effort between the Alzheimer's Association of Greater Cincinnati, Taft Museum of Art, Cincinnati Art Museum and the Contemporary Arts Center. Each month, with the assistance of trained docents, individuals with memory loss and a guest take guided tours of museum exhibits. In addition to the tours, attendees can also participate in art-making exercises focused on the exhibit theme.

### Upcoming tours include:

Contemporary Arts Center – Wednesday, May 2

Cincinnati Art Museum – Wednesday, June 6

Taft Museum of Art – Wednesday, July 11

Contemporary Arts Center – Wednesday, Aug. 1

All programs begin at 10 a.m. and are free, but reservations are required due to a limited number of openings.

For more on the Memories in the Museum program or to register for one or more of the museum tours, please contact Joan Hock at (800) 272-3900 or [jhock@alz.org](mailto:jhock@alz.org).

alzheimer's association

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POWERED BY EmergingMed



# Report: Alzheimer's Deaths Up 123% Since 2000

For the second consecutive year, total payments to care for individuals living with Alzheimer's or other dementias are projected to surpass a quarter of a trillion dollars (\$277 billion), which includes an increase of nearly \$20 billion over last year, according to data reported in the Alzheimer's Association 2018 *Alzheimer's Disease Facts and Figures* report released in late March.

New findings from the *Facts and Figures* report show the growing burden of Alzheimer's on people living with the disease, their families and caregivers, as well as society at large. The number of older Americans is growing rapidly, so too is the number of people living with Alzheimer's and the subsequent impact to the nation's economy. By 2050, the total cost of care for Alzheimer's is projected to increase to more than \$1.1 trillion.

"This year's report illuminates the growing cost and impact of Alzheimer's on the nation's health care system, and also points to the growing financial, physical and emotional toll on families facing this disease," said Keith Fargo, Ph.D., director of scientific programs and outreach for the Alzheimer's Association. "Soaring prevalence, rising mortality rates and lack of an effective treatment all lead to enormous costs to society, Alzheimer's is a burden that's only going to get worse."

Given the long duration of this disease, the strain on Alzheimer's caregivers can last several years and produce serious declines in caregiver physical, emotional and financial well-being. In 2017, 16 million Americans provided an estimated 18.4 billion hours of unpaid care in the form of physical, emotional and financial support – a contribution to the nation valued at \$232.1 billion. The difficulties associated with providing this level of care are estimated to have resulted in \$11.4 billion in additional healthcare costs for Alzheimer's and other dementia caregivers in 2017.

Mortality from Alzheimer's disease also continues to rise. While deaths from other major causes continue to decrease, new data from the report shows that deaths from Alzheimer's disease have more than doubled, increasing 123 percent between 2000 and 2015. For context the number of deaths from heart disease – the number one killer in America – decreased 11 percent.

"Discoveries in science mean fewer people are dying at an early age from heart disease, cancer and other diseases," said Fargo. "Similar scientific breakthroughs are needed for Alzheimer's disease, and will only be achieved by making it a national health care priority and increasing funding for research."

An accompanying special report titled, "*Alzheimer's Disease: Financial and Personal Benefits of Early Diagnosis*," highlights new economic modeling data indicating early diagnosis of Alzheimer's during the mild cognitive impairment (MCI) stage of the disease could save the nation as much as \$7.9 trillion in health and long-term care expenditures. The report also highlights personal benefits of early diagnosis for individuals and families.

### The Impact of Alzheimer's Biomarkers and Earlier Diagnosis

The *Facts and Figures* special report explains how the identification of biological markers, or biomarkers, for Alzheimer's will be critical to improving disease diagnosis and researching treatments that may prevent or delay the onset of clinical symptoms, such as memory loss, confusion, and difficulties carrying out routine day-to-day tasks.

Alzheimer's biomarkers are transforming the way that researchers and physicians understand the disease, from one based on symptoms to one based on changes in the brain. Individuals no longer need to be diagnosed with Alzheimer's after significant damage is already done to the brain. Instead, due to awareness of Alzheimer's and recognition of early symptoms, as well as the development and approval of beta-amyloid imaging biomarkers, Alzheimer's diagnosis can occur earlier in the disease process than ever before, such as in the MCI due to Alzheimer's stage of the disease.

The report also highlights new economic modeling data showing early diagnosis during the MCI stage of the disease would result in cost savings as much as \$7.9 trillion over the lifetime of all Americans living today. Under an early diagnosis scenario in which an individual has a greater

likelihood of being diagnosed during the MCI stage, the average per-person cost is projected to be \$360,000 – a savings of \$64,000 per individual.

"Diagnosing Alzheimer's earlier has huge cost-savings implications," Fargo said. "Studies show the expenses associated with identification of people with mild cognitive impairment – the earliest stage at which clinical symptoms are present – are lower than those associated with people in the later stage of dementia."

The special report also details personal benefits of early diagnosis, including:

- Accurate diagnosis – early diagnosis can help determine if cognitive changes are truly due to Alzheimer's or some other – perhaps even treatable – condition.
- Medical benefits – early diagnosis allows individuals to adopt lifestyle changes which may help preserve their existing cognitive function for as long as possible; interventions such as controlling blood pressure, smoking cessation and exercise.
- Participation in Clinical Trials – early diagnosis allows individuals to enroll in clinical trials that advance research and may provide medical benefits.
- Planning for the future – early diagnosis allows individuals more time to plan for the future while they are cognitively able to make legal, financial and end-of-life decisions.
- Emotional and social benefits – early diagnosis provides individuals with an opportunity to maximize

time spent engaging in meaningful activities and interacting with the most important people in their lives.

### Updated Alzheimer's Statistics

The *Facts and Figures* report provides an in-depth look at the latest national statistics and information on Alzheimer's prevalence, incidence, mortality, costs of care and caregiving:

#### Prevalence, Incidence and Mortality

- An estimated 5.7 million Americans of all ages are living with Alzheimer's dementia in 2018.
- Barring the development of medical breakthroughs, the number of people age 65 and older with Alzheimer's dementia may nearly triple from 5.5 million to 13.8 million by 2050.
- Two-thirds of Americans over age 65 with Alzheimer's dementia (3.4 million) are women.
- Every 65 seconds, someone in the U.S. develops Alzheimer's dementia. By mid-century, someone in the U.S. will develop the disease every 33 seconds.
- Alzheimer's is the sixth-leading cause of death in the U.S., and it is the fifth-leading cause of death for those age 65 and older.

#### Cost of Care

- Total national cost of caring for those with Alzheimer's and other dementias is estimated at \$277 billion (not including unpaid caregiving) in 2018, of which \$186 billion is the cost to Medicare and Medicaid; out-of-pocket costs represent \$60 billion of the total payments, while other costs total \$30 billion.
- Total payments for health care, long-term care and hospice care for people with Alzheimer's and other dementias are projected to increase to more than \$1.1 trillion in 2050 (in 2018 dollars).
- In 2017, the lifetime cost of care for a person living with dementia was \$341,840 – with 70 percent of this cost borne by families directly through out-of-pocket costs and the value of unpaid care.

#### Caregiving

- Approximately two-thirds of caregivers are women, and one-third of dementia caregivers are daughters.
- Forty-one percent of caregivers have a household income of \$50,000 or less.
- It is estimated that the U.S. has approximately half the number of certified geriatricians that it currently needs, and only nine percent of nurse practitioners report having special expertise in gerontological care.

For more on the 2018 Alzheimer's Disease Facts and Figures report, including the accompanying special report, "*Alzheimer's Disease: Financial and Personal Benefits of Early Diagnosis*," visit: [alz.org](http://alz.org).







# Walk to End Alzheimer's 2018 Schedule

***Adams, Brown & Highland Counties Walk***  
***Saturday, Aug. 18***

Adams County Fairground, West Union

***Butler, Warren & Clinton Counties Walk***  
***Saturday, Sept. 15***

Voice of America Park, West Chester



***Southeast Indiana Walk***  
***Saturday, Aug. 25***

Liberty Park, Batesville

***Southern Ohio Walk***  
***Saturday, Oct. 20***

Shawnee State University, Portsmouth

***Cincinnati Tri-State Walk***  
***Saturday, Oct. 6***

Sawyer Point, Cincinnati



**NATION'S  
10TH LARGEST  
ALZHEIMER'S  
WALK IN 2017**

For more information, visit: **alz.org/cincinnati.**

# Inspired and Committed to Grow Our Walks



**By Annemarie Barnett**  
*Development Director*

**S**ince becoming a national organization last July, there have been so many positive changes. It feels so good to have a united front in our fight for a world without Alzheimer's.

One positive change is being joined together geographically in regions and areas throughout the country. The Greater Cincinnati

Chapter is part of Region 10, which includes six chapters in Ohio, one in West Virginia and two in Michigan. This has led to some great collaborations and idea sharing for The Longest Day and Walk to End Alzheimer's. It also gives each team member important peer to peer support.

An amazing collaboration took place on February 24 in Columbus - the first Ohio Volunteer Leadership Summit. All of the Walk to End Alzheimer's committee and subcommittee leaders were invited to spend a few hours with their peers learning and sharing ideas to help take their leadership and their Walk to the next level. More than 75 volunteers attended, representing 22 out of the 30 Walks. The event was emceed by our own Aaron Stapleton, Cincinnati Tri-State Walk Chair with opening remarks from Area Director Glenda Berry, who provided our tagline for the Walk season "Volunteer Led; Staff Supported." Our Chapter is blessed with volunteer leaders who set high standards, attempt new ventures and reach stretch goals. It's little wonder that other chapters are looking to us for best practices.

One such high standard is taking on the challenge made at this Summit by Regional Director Eric VanVlymen. He challenged everyone the room to be a Champion (minimum \$500 raised) or Grand Champion (minimum \$1,000 raised) at this year's Walk and to take this challenge back to their committees. We already have many on our committees raising that and more but imagine if all of our committee members challenged themselves and raised \$1,000. With around 110 members that is \$110,000! We know we can do this.

The Ohio Volunteer Leadership Summit was meant to empower our volunteer leaders and we are so pleased at the survey results and our Word Cloud. At the end of the day we asked everyone to write one word on the back of their nametags about how they felt leaving the summit and heading into Walk season. Our largest word was "Inspired" followed by "Empowered" and "Committed"...just what we need every volunteer to feel.

Thank you to all of our volunteer leaders who attended the Summit. We hope that you will share your experience and what you learned with your committees. This year, we have an ambitious \$1.5 million goal for our Walk campaign. Needless to say, we need everyone's help.

Thank you all so much for your continued support of the Alzheimer's Association of Greater Cincinnati. We have an incredible team here and the best volunteers and donors. I hope to see you at one or more of our upcoming events, including The Art of Making Memories on May 3; our ALZ Stars team at the Flying Pig Marathon on May 6, or join us at Madtree Brewing on June 14 as part of The Longest Day celebration. Together, we will have a world without Alzheimer's.





## Time is Running Out to Join ALZ Stars

Pigs will fly in just a few short weeks as the Cincinnati Flying Pig Marathon weekend takes place May 5-6.

If part of your New Year's resolution was to get in shape, join the ALZ Stars Race for the Brain Team and train for the Flying Pig 5K or 10K, or even challenge yourself to complete the half or full marathon.

Although the training season is already in full swing, it's not too late to register as an ALZ Stars athlete. If you can't participate as a runner, we encourage you to join the team as a volunteer. As an ALZ Stars member or volunteer, if you reach the \$150 fundraising minimum by Wednesday, April 25, you will receive a 2018 ALZ Stars race day technical shirt along with other amazing incentive prizes.

We're off to a fantastic start this year and excited about the course ahead. We'd like to send a big "Thank You" to WLWT-TV



meteorologist Randi Rico for being our ALZ Stars spokesperson and Fleet Feet Sports Cincinnati for providing our team with an incredible training program.

Whether you are a seasoned runner or just a beginner, a walker or volunteer, together we can outpace Alzheimer's disease. Keep up to date on our ALZ Stars team on our event site: [act.alz.org/cincyzalzstar2018](http://act.alz.org/cincyzalzstar2018) or follow our Facebook page.

Last year, the ALZ Stars Race for the Brain team raised \$43,000 for the Alzheimer's Association of Greater Cincinnati. Through the Flying Pig Marathon and other events, the ALZ Stars team has raised nearly \$170,000 for the Alzheimer's Association since 2010.

If you haven't registered, what are you waiting for? For more information or to register for the team today, contact Brittany High at [bhigh@alz.org](mailto:bhigh@alz.org) or call (513) 721-4284.



## Giving It Your All on The Longest Day

Mother Theresa once said "Do small things with great love." The Longest Day is all about doing small things with great love—engaging our passions to raise money and awareness in the fight against Alzheimer's. Through The Longest Day campaign, the Alzheimer's Association's second signature fundraising event, we do what we love for all those affected by Alzheimer's disease.

Whether it's choosing a favorite activity, hosting an event or joining a team, participants in The Longest Day will ignite a global conversation about Alzheimer's disease, the brain, and other dementias as part of Alzheimer's and Brain Awareness Month in June while also raising funds to support the mission of the Alzheimer's Association.

Do you love playing basketball? Plan a tournament at your local gym during the month of June. Invite your friends, family, and the local basketball league to play. Plan a craft-a-thon and sell your crafts for a donation. Host a block party with games and activities for all ages, or a barbeque and sell plates for donations and enjoy spending time with your friends and family outdoors. The opportunities are endless!



This year, the Alzheimer's Association of Greater Cincinnati is hoping to make a statement in the fight against Alzheimer's in a big way through its business engagement program. Every 65 seconds, someone in the United States develops Alzheimer's disease. Our goal is to recruit 66 businesses (one for every second plus one) throughout the Greater Cincinnati area to participate in The Longest Day through Casual for a Cause days, percent of sales, point of purchase pin-ups or other ideas the business comes up with.

We are really excited to be welcoming back our global partners in The Longest Day, including the American Contract Bridge League, Senior Lifestyles and Alpha Kappa Alpha, who have been wonderful partners over the past few years. We are also thrilled to be welcoming a brand new global team in the area, Arthur Murray Dance Studio. Stay tuned on social media for details on the events they will be hosting and how you can participate.

For more information on The Longest Day, to join the committee, or to register your team, visit [www.alz.org/thelongestday](http://www.alz.org/thelongestday) or contact Hannah Volz at (513) 721-4218 or [hvolz@alz.org](mailto:hvolz@alz.org).

## Damon, High and Volz Join Development Team

The Alzheimer's Association of Greater Cincinnati recently welcomed three new members to its Development staff.

Hannah Volz and Donna Damon were named Special Events Managers while Brittany High will serve as Special Events and Volunteer Coordinator.

"Donna, Hannah and Brittany each bring special individual talents and a passion for our mission," said Development Director Annemarie Barnett. "We're very fortunate to have them on our team."

A native of Northern Kentucky, Damon studied Vocal Performance and Broadcast Communications at Northern Kentucky University. Over the past 15 years she has worked at Villa Madonna Academy, St. Elizabeth Foundation, and the Visiting Nurse Association before joining the Alzheimer's Association.

"Being at the VNA for three years, we had a close relationship with the Alzheimer's Association," she said. "Over the years, I sat in on many meetings with different members of the Association

staff and each time, I was so impressed with their dedication and commitment. I am honored to be part of such a mission-driven organization."

Damon's primary focus will be on the Chapter's annual Art of Making Memories benefit, the Chapter Appreciation Brunch and the Adams, Highland and Brown Counties Walk to End Alzheimer's.

She and her husband Geoffrey have two adult children. In addition to her work with the Alzheimer's Association, she is a vocal coach and musical director for Moss Dance and Performing Arts Academy in Ft. Wright, Ky.

Although born in Kansas, Volz considers herself a true Floridian, having moved there when she was six.

Fascinated at an early age by the political process, she participated in a program called "Ought to be a Law," which allowed high school students the opportunity to propose their own ideas for state legislation.



From left, Donna Damon, Hannah Volz and Brittany High

*Continued on page 11*



# Advocates Pitching Care and Cure Agenda



**By Steve Olding**  
Director of  
Communications  
and Public Policy

Even if you're not a big sports fan, you probably tend to use sports vernacular in your daily conversations. Whether referring to a meal as a home run, ranking films on a 1-10 scale or noting that a particular proposal was a "slam dunk," such descriptions provide a common point of reference for most people.

So when it comes to reporting on recent developments on the Alzheimer's public policy front, I will just say that it has been a collection of legislative touchdowns, caution flags, political huddles and an eventful spring training for new Alzheimer's advocates.

Just a few early 2018 season highlights:

Early this year, thanks in part to the effort of Alzheimer's advocates, Congress passed the Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act. In late January, President Trump signed the RAISE Family Caregivers Act into law. The RAISE Family Caregivers Act will address the critical needs of caregivers by directing the Department of Health and Human Services (HHS) to develop a national strategy to provide education and training, long-term services and supports, and financial stability and security for caregivers. In addition, the bill creates a Family Caregiving Advisory Council — modeled after the National Plan to Address Alzheimer's Disease Advisory Council — to provide advice on how the federal government can recognize and support family caregivers.

In late March, Congress approved a budget that includes a \$414 million increase in federal funding for Alzheimer's research, bringing annual funding through the National Institutes of Health (NIH) to \$1.8 billion.

Unfortunately, not all the news has been worthy of an ESPN Top 10. A number of major pharmaceutical companies were recently seen throwing in the towel on Alzheimer's research efforts.

In January, Pfizer announced it was pulling out of the Alzheimer's research, discontinuing its investment in most of its brain research projects. Just a few days later, Takeda Pharmaceutical Company announced it was discontinuing the TOMMORROW trial based on the results of an interim analysis of the data that showed "an inadequate treatment effect in delaying the onset of mild cognitive impairment (MCI) due to Alzheimer's disease." TOMMORROW was a prevention

## Making a 'State'ment



*In an effort to increase awareness among lawmakers about the impact of Alzheimer's on Kentucky, nearly 100 Alzheimer's advocates from across the Commonwealth attended the Alzheimer's Awareness Day in Frankfort on March 15.*

study testing whether the diabetes drug, pioglitazone, could delay or prevent the onset of MCI due to Alzheimer's in cognitively normal people who were determined to be at a higher risk of getting the disease.

These developments place a greater burden on government-supported efforts and the need for additional federal funding to help push Alzheimer's research.

As we continue to work with legislators at the state and federal level, you can rest assured that the Alzheimer's Association will continue to push for stronger legislation, better policies and a greater investment in the fight against Alzheimer's disease and support of those affected.

While we may be a few runs down at this point, the home team will keep swinging. Maybe we'll complete that hail Mary pass or sink that half-court shot. One thing, however, is certain...for many affected by Alzheimer's, we've reached the two-minute warning.

For more on the Alzheimer's Association and its public policy efforts, or to sign up as an advocate, visit: [www.alz.org](http://www.alz.org) or contact me at [solding@alz.org](mailto:solding@alz.org).

## Volunteer Spotlight

# Dalton Provides Clinical Expertise for Education Series



*Dr. Stephanie Dalton*

The Alzheimer's Association of Greater Cincinnati is fortunate to have hundreds of generous volunteers serving in various capacities throughout the year. Although we cannot possibly spotlight every volunteer in *Cornerstone*, we appreciate their valuable support and service. In this issue, we feature Dr. Stephanie Dalton.

Since 2010, professionals at St. Elizabeth Neurology have been volunteering their time to help families better understand Alzheimer's disease and its progression. Dr. Stephanie Dalton recently joined that group of volunteers.

Dr. Dalton was a featured presenter for the Alzheimer's Association's signature education series, "What Families Need to Know...When the Diagnosis is Alzheimer's or another Dementia." As part of the free series, she presents a program entitled "The Nature and Progression of the Disease."

Her presentation found a very receptive and appreciative audience, say Association staff.

"It was such a pleasure working with Dr. Dalton. The entire room truly opened up to her. She's very relatable," said Jenni Miller-Francis, Programs and Services Clinician for the Alzheimer's Association of Greater Cincinnati. "We're so fortunate to have such a long-standing partnership with this neurology group in Northern Kentucky."

A Cincinnati native and graduate of Sycamore High School, Dr. Dalton attended the University of Cincinnati and later Lincoln Memorial University- Debusk College of Osteopathic Medicine. She completed her residency for Neurology at Botsford Hospital in Farmington Hills, Mich., then returned to the area to begin practicing with St. Elizabeth Physicians. She currently practices general neurology, seeing not only patients with dementia but also a wide variety of other neurologic conditions.

"The most rewarding aspect of working with the Alzheimer's Association is being able to provide education and social support to families outside of the office setting," said Dr. Dalton. "I think the patient-family educational series offer a safe environment for families to ask questions and discuss personal stories creating a strong support network amongst themselves."

She adds that the Alzheimer's Association is a great partner in this supportive process.

"I frequently refer families and patients to the Alzheimer's Association at the time of diagnosis and I've had a tremendous amount of positive feedback from families regarding the support they receive. I find that it is often the families, sometimes even more so than the patients who struggle with the diagnosis and need the additional social support. The Alzheimer's Association is an invaluable resource," she said.

*The Alzheimer's Association of Greater Cincinnati is always in need of volunteers for certain projects and tasks. To learn more about volunteer opportunities, please contact Brittany High at [bhigh@alz.org](mailto:bhigh@alz.org) or call her at (513) 721-4284.*



# Donor Recognition

The Alzheimer’s Association of Greater Cincinnati depends on friends in our community to help support Chapter programs and services through donations, tributes, memorials and bequests.

It is with deep gratitude that we recognize the following individuals, companies and foundations who made contributions as well as memorial and tribute gifts between October 26, 2017 and February 28, 2018.

We have made every effort to acknowledge contributions and spell names correctly. If we have inadvertently omitted or misspelled your name, please contact Annemarie Barnett at anbarnett@alz.org or (513) 721-4284.

With every dollar you donate, we promise to offer help and hope. Thank you very much for being a vital part of our vision of a world without Alzheimer’s.

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Johnson Investment Counsel Inc.  
Mr. and Mrs. Randy Pepple  
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Cedar Creek Unit Owners Association  
**TAXIARHIS "TAKIS" TSORAS**  
Mr. and Mrs. James Cole  
**BERTHA "BERT" TUCKER**  
Ms. Jacqueline Bachman and Ms. Susie Bachman  
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**WILLIAM PAUL UNDERWOOD**  
Mr. and Mrs. Larry Shingleton  
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**MR. DENNIS "DENNY" WALKER**  
Anonymous  
Mr. Richard Beerman-Purcell H.S. Class of 1956  
Mr. and Mrs. Thomas Callahan  
Mr. and Mrs. Tom Crowthers  
Mr. and Mrs. Ken Haun  
Joanne and Theodore Hyle  
Mr. and Mrs. Richard Ihlendorf  
Dr. and Mrs. Robert Lenobel  
Mrs. Carol Neumeister  
Mr. and Mrs. Marc Ollier  
Mr. William Ollier  
Ms. Bea Randle  
Greg and Kim Roth  
Mr. and Mrs. Charles Walker  
**BETTY WALTER**  
Mr. and Mrs. Tom Barr  
Mr. and Mrs. Roy Rice  
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Champion Graphics Corp  
**CHARMAINE WESTERMAN**  
Erlanger Baptist Church-Bob Padgett Life Group  
Mr. and Mrs. Gerald Schultz  
**FLOYD "GENE" WILSON**  
Mr. Charles Deaton  
**JOHN WOLLENBERG**  
Ms. Lynne W. Conrad  
**JANICE WIRTLEY**  
Ms. Carole Ballinger  
Ms. Connie Marshall  
Mr. and Mrs. Joe Varble  
**MARY WOODRUFF**  
Mr. and Mrs. Raymond Bowman  
Mr. Richard Furry  
Mrs. Mary Lippert  
Ms. Sue Lust  
**WANDA WOOLLARD**  
Anonymous

# Art of Making Memories

Continued from Page 1

Guests will enjoy a dinner, wine, beer, optional cash bar, auction, raffle, live entertainment and more. Bob Goen, former anchor of Entertainment Tonight and current host of Bob and Marianne in the Morning on WARM 98, will serve as emcee and Bob Herzog of Local 12 will be the celebrity auctioneer.

Bring a fully charged cell phone to the event for mobile bidding. No cell phone? No problem, volunteers will be on hand to act as your personal shopper.

JACK Cincinnati Casino is located at 1000 Broadway, Cincinnati, OH 45202.

Complimentary self-parking is available.

Last year's event attracted more than 650 guests and raised a record \$235,000.

For more information, or tickets, contact Donna Damon at dodamon@alz.org or visit: alz.org/cincinnati.

# New Development Team

Continued from Page 7

Her team wrote and lobbied for a bill that was ultimately passed by the Florida Legislature and signed into law by Gov. Charlie Crist. In pursuit of a political career, she attended Florida State University and earned a degree in history. After graduating, Volz worked in communications offices for various state agencies, including the Florida Department of Health.

But it was her family's connection to Alzheimer's that changed her career course.

"I have lost three grandparents and one great-grandparent to

Alzheimer's and vascular dementia, so this cause is incredibly close to my heart," she said.

About four years ago, with her grandmother in the middle stage of the disease, she contacted the Alzheimer's Association in Florida. From there, she became a volunteer for the Central and North Florida chapter and was later hired as a full-time staff member.

Volz recently moved to Cincinnati to be closer to her boyfriend, James, who is a TV reporter for WHIO in Dayton, and her father, John. She jokes that with her mother and sister still living in Florida, she has somewhere warm to escape when the Ohio winters get too cold.

"It's not easy picking up your life and moving to unfamiliar territory, but the staff and volunteers of the Greater Cincinnati Chapter have been so welcoming. The Alzheimer's Association is truly a family, and I'm so happy to be extending my family a little further," she said.

Volz will oversee The Longest Day as well as the new Southeast Indiana Walk to End Alzheimer's.

A native of Burlington, Ky., High is a graduate of Northern Kentucky University, with a bachelor's degree in Anthropology and Women's Studies.

During her time in college, she discovered a passion for non-profit work. While in school full-time and maintaining a job, she set aside time to volunteer for the Women's Crisis Center and later worked for a nonprofit after-school program in a local elementary school. Before coming to the Alzheimer's Association she was a pre-school teacher at the Brighton Center.

"I was drawn to the Alzheimer's Association by friends who were involved as volunteers and participants at the Walk," said High. "Alzheimer's disease has affected both sides of my family and my thinking was if I could contribute my skills to the Association, then it would feel like I'm doing my part to fight back against this disease."

As Special Events and Volunteer Coordinator, High will manage the ALZ Stars program and oversee the Chapter's volunteer program.

"In my new role, I hope to connect a broader group of people to our volunteer opportunities at the Chapter, either by helping out with tasks in the office or volunteering on the day of an event" she said.



# Program Calendar

## Family Education

### What Families Need to Know... When the Diagnosis is Alzheimer's Disease or Another Dementia

**What:** An educational series for families of individuals with Alzheimer's disease or another dementia. Separate topics are presented at each session.  
**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form at [www.alz.org/cincinnati](http://www.alz.org/cincinnati) or call the Cincinnati office at (800) 272-3900.

#### **Hamilton County**

**Where:** Mercy Health- West Hospital, auditorium, 3300 Mercy Health Blvd, Cincinnati, OH 45211

**When:** Tuesdays, May 1, 8, 15, & 22 (four-part series), 6:30 - 8:30 p.m.

#### **Jackson/Vinton Counties**

**Where:** The Office Commons 135 E. Huron St. Jackson, OH 45640

**When:** Tuesdays, May 8 & 15, (two-part series), Noon – 4 p.m.

#### **Northern Kentucky**

**Where:** Brookdale Edgewood, 2950 Turkeyfoot Road, Edgewood, KY 41017

**When:** Thursdays, Sept. 6, 13, 20 & 27(four-part series), 4-6 p.m.

#### **Scioto County**

**Where:** SOMC East Campus Gibson Building (Ground Floor Room #2), 2201 25th St. Portsmouth, OH 45662

**When:** Tuesdays, Sept. 11 & 18, (two-part series), Noon – 4 p.m.

### Effective Communication Strategies

**What:** This program discusses how to enhance communication and understanding of the verbal and behavioral messages delivered by someone with dementia.

**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form at [www.alz.org/cincinnati](http://www.alz.org/cincinnati) or call the Cincinnati office at 1-800-272-3900.

#### **Ripley County, IN**

**Where:** Batesville Memorial Public Library, (Meeting Room AB), 131 N. Walnut St., Batesville, IN 47006

**When:** Tuesday, April 24, Noon – 1 p.m. (lunch served at 11:30 a.m.)

#### **Butler County, OH**

**Where:** Central Connections, 3907 Central Ave, Middletown, OH 45044

**When:** Thursday, May 17, 10:30 - 11:30 a.m.

### Caregiver Stress

**What:** Suggestions for how to recognize and manage caregiver stress

**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form or register online at [alz.org/cincinnati](http://alz.org/cincinnati), or call the Cincinnati office at (800) 272-3900.

#### **Hamilton County**

**Where:** Alzheimer's Association (3rd floor conference room), 644 Linn St. Cincinnati, OH 45203

**When:** Tuesday, May 22, 1:30 - 2:30 p.m.

#### **Butler County, OH**

**Where:** Central Connections, 3907 Central Ave, Middletown, OH 45044

**When:** Thursday, June 21, 10:30 - 11:30 a.m.

### Know the 10 Signs

**What:** This program identifies early warning signs of Alzheimer's disease and what is involved in getting a diagnosis.

**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form or register online at [www.alz.org/cincinnati](http://www.alz.org/cincinnati), or call the Cincinnati office at (800) 272-3900.

#### **Hamilton County**

**Where:** Alzheimer's Association (3rd floor conference room), 644 Linn St. Cincinnati, OH 45203

**When:** Tuesday, June 19, 1:30 - 2:30 p.m.

#### **Warren County**

**Where:** Mason Community Center, 6050 Mason-Montgomery Rd., Mason, OH 45040

**When:** Thursday, June 28, 2018, 1:15 - 2:15 p.m.

### Alzheimer's Research Updates in Southeastern Ohio

**What:** Education programs discussing recent Alzheimer's research.

**Where:** Alzheimer's Association - Southeastern Ohio Branch, 135 Huron St., Jackson, OH 45640

**When:** Thursday, June 7, Noon – 1:30 p.m.

**Where:** Adams County Regional Medical Center, 230 Medical Center Dr., Seaman, OH 45679

**When:** Thursday, June 14, Noon - 1:30 p.m.

**Cost:** Free, but advance registration is required.

**Contact:** To register, download a registration form or register online at [alz.org/cincinnati](http://alz.org/cincinnati) or call the Cincinnati office at (800) 272-3900.

### African-American Caregiver Forum

**What:** An education program for families of individuals with Alzheimer's disease or another dementia.

**Where:** Maple Knoll, 11100 Springfield Pike, Cincinnati, OH 45246

**When:** Saturday, June 30 - Breakfast/Registration: 8 a.m., Program 9 a.m.- Noon

**Cost:** Free, but advance registration is required. Breakfast provided.

**Contact:** To register, download a registration form or register online at [alz.org/cincinnati](http://alz.org/cincinnati) or call the Cincinnati office at (800) 272-3900.

### The Basics: Memory Loss, Dementia and Alzheimer's Disease

**What:** A general overview of Alzheimer's disease and related dementias

**Where:** Mason Community Center, 6050 Mason-Montgomery Rd., Mason, OH 45040

**When:** Thursday, July 26, 1:15 – 2:15 p.m.

**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form or register online at [alz.org/cincinnati](http://alz.org/cincinnati), or call the Cincinnati office at (800) 272-3900.

### Living with Alzheimer's: For Caregivers – Middle Stage

**What:** Care strategies for the middle stage of Alzheimer's disease. Parts I and II of this program contain different content. Attendance at Part I is not required for attendance at Part II.

**Where:** Alzheimer's Association (3rd floor conference room), 644 Linn St. Cincinnati, OH 45203

**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form or register online at [www.alz.org/cincinnati](http://www.alz.org/cincinnati), or call the Cincinnati office at (800) 272-3900.

**When:** Part I – Wednesday, July 18, 1:30 - 2:30 p.m.

**When:** Part II – Wednesday, August 15, 1:30 - 2:30 p.m.

### Healthy Living for Your Brain & Body: Tips from the Latest Research

**What:** Recommendations in the areas of diet and nutrition, exercise, cognitive activity and social engagement for promoting healthy aging

**Where:** Mason Community Center, 6050 Mason-Montgomery Rd., Mason, OH 45040

**When:** Thursday, Aug. 23, 1:15 – 2:15 p.m.

**Cost:** Free, but advance registration is required.

**Contact:** To register for a program, download a registration form or register online at [alz.org/cincinnati](http://alz.org/cincinnati), or call the Cincinnati office at (800) 272-3900.

### Alzheimer's / Dementia Lunch & Learn for Families

**What:** These programs will provide an opportunity for families and caregivers to learn and ask questions about Alzheimer's disease and dementia, while receiving support from others in similar situations. You are invited to attend any or all of the programs listed below.

#### **Adams/Brown/Highland Counties, Ohio**

**Where:** Hospice of Hope Ohio Valley, 215 Hughes Blvd., Mt. Orab

**Topic:** Living with Alzheimer's for Care Partner: Early Stage

**When:** Tuesday, June 12, 11 a.m. - 12:30 p.m.

**Cost:** Free, Pre-registration required, Lunch included

**Contact:** To register for a program, call the Cincinnati office at (800) 272-3900 or email [mdever@alz.org](mailto:mdever@alz.org).

#### **Jackson County**

**Where:** The Office Commons, 135 Huron Street, Jackson, OH 45640

**Topic:** Living with Alzheimer's for Care Partner: Middle Stage

**When:** Tuesday, Aug. 21, Noon-1:30 p.m.

**Cost:** Free, Pre-registration required, Lunch included

**Contact:** To register for a program, call the Cincinnati office at (800) 272-3900 or email [mdever@alz.org](mailto:mdever@alz.org).